

WEBINAR SERIES

FREE
events!

The webinar series provides a unique opportunity to gain practical, reliable, New Zealand-based knowledge and advice. Ask your own questions - in the comfort of your own home or out and about on your device!

A 20-30 minute presentation will be delivered live on-screen, followed by a Q&A session. Type your questions into the question box for the presenter to answer. You will need to create a login for the webinar room - details available on www.fertilityweek.org.nz

In-person events will be held at several locations nationwide during Fertility Week, and we'd love to see you there. For more details, visit www.fertilityweek.org.nz/events

See you there!



• MONDAY 23 SEPTEMBER, 8pm
Self care during infertility – Joi Ellis

Practicing good self-care can improve your resilience, relationships and physiological health. Renowned counsellor Joi Ellis will share her wisdom and give practical advice.



• TUESDAY 24 SEPTEMBER, 8pm
I can't fix it, but I'm here for you: how to support whanau & friends, or partners, through infertility – Andy Leggatt

Health Psychologist Andy Leggatt will give tips on how to support people through one of life's most challenging events. She will also give advice on how to protect relationships during infertility.



• WEDNESDAY 25 SEPTEMBER, 8pm
Advances in embryology – Dr Debbie Blake

Dr Blake will present a snapshot of the ever-changing science behind fertility treatment. She will give an overview of new technologies available in New Zealand, and others on the horizon.



• THURSDAY 26 SEPTEMBER, 8pm
Calling it quits: considering a future without children – Megan Downer

Counsellor Megan Downer offers support and guidance for people who are at, or nearing, the end of their fertility journey.



• SUNDAY 29 SEPTEMBER, 4pm
Exploring donation & surrogacy – Fiona McDonald

Donation and surrogacy offer many possibilities to assist New Zealanders to build whānau. Counsellor Fiona McDonald gives an overview of available options, and their ethical, legal and medical requirements, alongside considerations for all parties involved.



• SUNDAY 29 SEPTEMBER, 8pm
Navigating fertility treatment – Dr Olivia Stuart

Fertility Specialist Dr Stuart will outline the most common infertility diagnoses, treatment options in New Zealand and what is available under public funding.